



Ashti Taluka ShikshanPrasarak Mandal's
Adv. B. D. Hambarde Mahavidyalaya
Ashti, Dist.Beed
Sports Policy

INTRODUCTION:

Adv. B.D .Hambarde Mahavidyalaya Ashti established in **1972**. The Sports department was also started in same time and started catering Physical Education and sports facility to all college students.

We have indoor facility for Table Tennis, Judo, Boxing, Badminton & a Multi gym. All necessary Sports related equipment's are available. We have a Ground like Handball, Football, Volleyball, Kabaddi, Kho-Kho and also we have 400 mtr Running Jogging track, and ample area to conduct Athletics events. We are specialized in Handball Sports. We always give proper Training and coaching various games according to the Competitions and maintain Standard safety measures required for specific sport or event.

IMPORTANCE OF SPORTS:

Physical education considers the child as a united whole of mental, social, moral, and physical qualities and provides for the optimum development of all these through the physical activities. Everybody likes sports. Physical Education is a vital part of education. Physical Education always attracts mass to perform activities at various levels. Physical Education is accepted worldwide in education curriculum starting from playgroup to P.G. Physical Education is one of the optional subjects in social science faculty. Physical Education helps to maintain physical fitness and mental health of individuals

1. **Physical growth and development** - Physical activity must be learned; hence there is a need for thinking on the part of the intellectual mechanism, with a resulting acquisition of knowledge. Physical activities are essential for the development of a child's scientific insight, intelligence and superior type of reflective thinking.
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3. **Emotional development** – Physical education provides opportunities to control emotions. The give and take of games and sports offer scope for both emotional release and the controlling of the emotions.
4. **Social adjustment** - Physical activities provide opportunity of interaction between participants and others in varied situations enabling them to learn social qualities like sportsmanship, co-operation, honesty, friendship, fellowship, courtesy, self-discipline, and respect for authority which promote social adjustment of an individual.
5. **Personal adjustment** - Physical education gives a full and worth-while experience to the individual who help him to realize fullest self-expression and highest satisfaction from the results of his action, and thereby facilitates his personal adjustment in life.
6. **Character development** – Group effort, loyalty to the team and strong ties is much in evidence in play and physical activities. They provide a valuable contribution to the development of good moral character.
7. **Physical fitness** – Physical education through exercise and knowledge about one's body and its requirements contribute immensely to physical fitness. Regular exercise improves our physical efficiently, sense of well-being and appearance.

1. Preamble

Excellence in sports brings pride to a nation and citizens of the nation help build a healthier and happier society. A sport enhances self-esteem, improves one's image and helps to deal with stress in a better manner. Sports unite the nation by bridging the social and cultural boundaries.

The three C's that wonderfully blend with sports are- Character, Community and Country. All round character building is incomplete without sports. 'जो खेले वो खिले' (The person who plays, shines). Without sports, there cannot be any sportsmanship! It offers a unique opportunity to sharpen skills and develop and all-round personality. Swami Vivekananda said "Instead of studying Gita, playing football will take you closer to heaven".

There is no easier way other than sports to promote brotherhood and community bonding. It is a great leveler and unifier- when playing in a team, the caste, creed or community of teammates doesn't matter. Neither does their economic status. The role of the sports in nation building cannot be emphasized enough.

Objectives:

- Creation of Basic Sports Infrastructure
- To enhance the image and prestige of the college through sporting activities
- To use as one sports as one of the socio economic instruments for the development of youth
- Preparation of National/ International players and financial assistance for advanced training
- Organization of Sports Festivals
- Development of technical manpower
- To motivate the sports persons to achieve higher levels of performance by assisting them financially in relation to education and sports development.
- To develop elements of leading a healthy lifestyle.
- To maintain their Fitness, Develop their Muscular strength, increase their Stamina and thus Stretch their Physical Abilities.
- Maintaining a healthy Body, this in turn keeps them Happy & Energized.
- To Promotes the SOUND Physical Fitness.

Establishment of Committee for implementation of sports Policy:

For effective implementation of sports policy all over the College, 'sports policy implementation committee' should be formed to review the implementation of schemes, improve the present schemes and approval of College to the recommendations of sports policy. Structure of the committee will be as mentioned under and members participated in drafting the policy will be given priority in the implementation committee. Meetings of the committee will be arranged at least four times a year. Committee will review the sports policy and will give suggestions for necessary changes.

ACHIEVEMENT OF DEPARTMENT:-

It is one of the biggest departments in the college so plays leadership role in many activities like organizing the Inter collegiate tournaments, Annual Social Gathering Sports, Celebration days of national importance, like National Sports day, Youth day, Teachers day and many other sporting events, summer coaching camps, Sports coaching camps for college students. Students take parts in almost every game notified by University and Sports directorate every year, and get selected at District, Division, State, national and All India Basis.

The Strong area of sports events of our college are,

1. Handball
2. Volleyball
3. Wrestling
4. Athletics
5. Cricket

Meritorious Sportsperson of college

Following are the details of the outstanding performances of the college students at Inter-college, and Inter-University tournaments from **2016-2021** onwards.

Sr.no.	Academic Year	Krida Mahostav Inter Collegiate Touranaments (ICT)	Krida Mahostav Touranaments (State Level)	Inter University Touranaments (National level) IUT	Total
1.	2019-2020	<u>101</u>	07	16	124
2.	2018-2019	<u>74</u>	07	12	93
3.	2017-2018	<u>39</u>	02	02	43
4.	2016-2017	37	02	02	42

Sports Committee

Sr. No	Name of faculty	Designation
1	Dr. S. A. Wangujare	Coordinator
2	Dr. S. G. Gopane	Members
3	Dr. B. N. Mutkule	Members
4	Dr. S. M. Wandhare	Members
8	Prof. R. S. Satbhai	Members




Principal
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